# Steepest Descent Method with New Step Sizes 

Bib Paruhum Silalahi, Djihad Wungguli, Sugi Guritman


#### Abstract

Steepest descent method is a simple gradient method for optimization. This method has a slow convergence in heading to the optimal solution, which occurs because of the zigzag form of the steps. Barzilai and Borwein modified this algorithm so that it performs well for problems with large dimensions. Barzilai and Borwein method results have sparked a lot of research on the method of steepest descent, including alternate minimization gradient method and Yuan method. Inspired by previous works, we modified the step size of the steepest descent method. We then compare the modification results against the Barzilai and Borwein method, alternate minimization gradient method and Yuan method for quadratic function cases in terms of the iterations number and the running time. The average results indicate that the steepest descent method with the new step sizes provide good results for small dimensions and able to compete with the results of Barzilai and Borwein method and the alternate minimization gradient method for large dimensions. The new step sizes have faster convergence compared to the other methods, especially for cases with large dimensions.


Keywords-Convergence, iteration, line search, running time, steepest descent, unconstrained optimization.

## I. INTRODUCTION

OPTIMIZATION is the branch of applied mathematics which studies processes for obtaining the best decision which gives the maximum or minimum value of a function. Optimization problems can be categorized into the constraint optimization and the unconstraint optimization [5]. The optimization problem can be solved analytically or numerically. For the nonlinear unconstraint optimization problems with many variables, the issue is the problems are not able to be solved by analytical methods. We need a numerical method to solve these problems. In general, the numerical methods are iterative and one of them is the steepest descent method.

The steepest descent method was first introduced by Cauchy in 1847 [3], which is one of the most basic procedures to minimize differentiable function of several variables. In some cases, this method has slow convergence in leading to an optimal solution, this occurs because of the zigzag form of the steps. In recent years, it has been more apparent that an important issue of the steepest descent method is the selection of the step size. This selection may affect fast or slow of the convergence of a function to an optimal solution. Barzilai and

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Borwein [1] refined this method by modifying the step size and the performance of the results are pretty well for large dimension problems.

Barzilai and Borwein results have sparked a lot of research on the method of steepest descent. Studies were conducted to obtain a step size that enables rapid convergence and monotonous. A related research is carried out by [4], called alternate minimization gradient method with the idea of combining the step size alternates between minimizing the value of the function and the norm along the line of steepest descent gradient. Another research was conducted by [7], with a new step size at even iterations and exact line search at odd iterations. Based on the studies that have been conducted, we modify the step size of the steepest descent method. Then we compare the results of our new step sizes algorithm against steepest descent method, Barzilai and Borwein method, the alternate minimization gradient method and Yuan method in terms of the iterations number and the running time.

## II. Steepest Descent Method and Its Variants

Steepest descent (SD) method is a simple gradient method for the unconstrained optimization [2]:

$$
\begin{equation*}
\min _{\mathbf{x} \in R^{n}} f(\mathbf{x}) \tag{1}
\end{equation*}
$$

where $f(\mathbf{x})$ is a continuous differential function in $R^{n}$. This iterative method has the following form:

$$
\begin{equation*}
\mathbf{x}_{k+1}=\mathbf{x}_{k}+\alpha_{k}\left(-\mathbf{g}_{k}\right) \tag{2}
\end{equation*}
$$

where $\mathbf{g}_{k}=\mathbf{g}\left(\mathbf{x}_{k}\right)=\nabla f\left(\mathbf{x}_{k}\right)$ is the gradient vector of $f(\mathbf{x})$ at the current iteration at point $\mathbf{x}_{k}$ and $\alpha_{k}>0$ is the step size [6]. The step size $\alpha_{k}$ can be obtained with exact line search:

$$
\begin{equation*}
\alpha_{k}=\operatorname{argmin}\left\{f\left(\mathbf{x}_{k}+a\left(-\mathbf{g}_{k}\right)\right)\right\} \tag{3}
\end{equation*}
$$

Searching the step size with exact line search (3) causes the slow convergence toward an optimal solution, this happens because the zigzag form of the steps. For quadratic functions optimization case, $\alpha_{k}$ with exact line search can be simplified to:

$$
\begin{equation*}
\alpha_{k}^{S D}=\frac{\mathbf{g}_{k}^{T} \mathbf{g}_{k}}{\mathbf{g}_{k}^{T} A \mathbf{g}_{k}} \tag{4}
\end{equation*}
$$

where $A$ is a Hessian matrix.
Steepest descent algorithm is as:
Step 0 Given a starting point $\mathbf{x}_{0} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<1$. Set $k=0$.
Step 1 Determine $\mathbf{g}_{\mathbf{k}}$. If $\left\|\mathbf{g}_{\mathbf{k}}\right\| \leq \varepsilon$, stop.
Step 2 Determine $\alpha_{k}$ which minimizes $f\left(\mathbf{x}_{k}+\alpha_{k} \mathbf{d}_{\mathbf{k}}\right)$.
Step 3 Calculate $\mathbf{x}_{k+1}=\mathbf{x}_{k}-\alpha_{k} \mathbf{g}_{\mathbf{k}}$.

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Step $4 k=k+1$, and go to Step 1.
Determining of the step size in the steepest descent method has become an issue of concern. This step size determination may affect fast or slow convergence to the optimal solution. Several step sizes that have been studied are described in the following.

## A. Barzilai and Borwein Method

Barzilai and Borwein (BB) gradient method [1] is a modification of the steepest descent method by changing the step size $\alpha_{k}$. The main idea of Barzilai and Borwein method is the usage of the information in the previous iteration to determine the step size in the next iteration. The step size of this method is derived from the two-point approach to the secant equation based on the quasi-Newton method, namely:

$$
\begin{equation*}
\mathbf{x}_{k+1}=\mathbf{x}_{k}-B_{k}^{-1} \mathbf{g}_{k} \tag{5}
\end{equation*}
$$

where $B_{k}^{-1}=\alpha_{k} I$ and $I$ is the identity matrix. With the Taylor series expansion for the quadratic approach, $B_{k}$ can be determined by:

$$
\begin{equation*}
B_{k}=\arg \min _{B \in \mathbb{R}}\left\|B \boldsymbol{s}_{\boldsymbol{k}-\mathbf{1}}-\boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}\right\|^{2} \tag{6}
\end{equation*}
$$

or

$$
\begin{equation*}
B_{k}=\arg \min _{B^{-1} \in \mathbb{R}}\left\|\boldsymbol{s}_{\boldsymbol{k}-\mathbf{1}}-B^{-1} \boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}\right\|^{2} \tag{7}
\end{equation*}
$$

where $\boldsymbol{s}_{\boldsymbol{k}-\mathbf{1}}=\mathbf{x}_{\boldsymbol{k}}-\mathbf{x}_{\boldsymbol{k}-\mathbf{1}}$, and $\boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}=\mathbf{g}_{k}-\mathbf{g}_{k-1}$. From $B_{k}^{-1}=$ $\alpha_{k} I$, (6) and (7), two step sizes are obtained:

$$
\begin{equation*}
\alpha_{k}^{B B 1}=\frac{\mathbf{s}_{k-1}^{T} \boldsymbol{s}_{k-1}}{\mathbf{s}_{k-1}^{T} y_{k-1}} \tag{8}
\end{equation*}
$$

and

$$
\begin{equation*}
\alpha_{\mathrm{k}}^{\mathrm{BB} 2}=\frac{s_{\mathrm{k}-1}^{\mathrm{T}} \mathbf{y}_{\mathbf{k}-1}}{y_{\mathrm{k}-1}^{\mathrm{T}} \mathbf{y}_{\mathbf{k}-1}} \tag{9}
\end{equation*}
$$

Barzilai and Borwein algorithm is presented as in the following.

Step 0 Given a starting point $\mathbf{x}_{0} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<1$. Set $k=0$.
Step 1 Determine $\mathbf{g}_{\mathbf{k}}$. If $\left\|\mathbf{g}_{\mathbf{k}}\right\| \leq \varepsilon$, stop.
Step 2 If $k=0$ then specify $\alpha_{0}$ with exact line search. If not determine $\alpha_{k}$ with

$$
\alpha_{k}=\frac{\mathbf{s}_{k-1}^{T} \boldsymbol{s}_{\boldsymbol{k}-\mathbf{1}}}{\mathbf{s}_{k-1}^{T} \boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}}, \quad \text { or } \quad \alpha_{k}=\frac{\mathbf{s}_{k-1}^{T} \boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}}{\mathbf{y}_{k-1}^{T} \boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}}
$$

a. where $\boldsymbol{s}_{\boldsymbol{k}-\mathbf{1}}=\mathbf{x}_{\boldsymbol{k}}-\mathbf{x}_{\boldsymbol{k}-\mathbf{1}}$, and $\boldsymbol{y}_{\boldsymbol{k}-\mathbf{1}}=\mathbf{g}_{k}-$ $\mathbf{g}_{k-1}$.
Step 3 Calculate $\mathbf{x}_{k+1}=\mathbf{x}_{k}-\alpha_{k} \mathbf{g}_{\mathbf{k}}$.
Step $4 k=k+1$, and go to Step 1.

## B. Alternate Minimization Gradient Method

In some sense, the principle for minimizing a continuous and twice differentiable function $f(\mathbf{x})$ is equivalent with minimizing the gradient norm $\|\mathbf{g}(\mathbf{x})\|$. That is the basic idea of alternate minimization gradient (AM) method [4]. This method is a modification of the steepest descent method that alternates the step size between minimizing the norm function value and gradient along the line of steepest descent. More
precisely $k \geq 1$, we choose the step size so that

$$
\begin{equation*}
\alpha_{2 k-1}=\arg \min _{a \in \mathbb{R}}\left\{\left\|\mathbf{g}\left(\mathbf{x}_{2 k-1}-\alpha \mathbf{g}_{2 k-1}\right)\right\|\right\} \tag{10}
\end{equation*}
$$

and

$$
\begin{equation*}
\alpha_{2 k}=\arg \min _{a \in \mathbb{R}}\left\{f\left(\mathbf{x}_{2 k}-\alpha \mathbf{g}_{2 k}\right)\right\} \tag{11}
\end{equation*}
$$

From (10) and (11), it can be obtained:

$$
\alpha_{k}^{A M}= \begin{cases}\frac{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A^{2} \mathbf{g}_{\mathbf{k}}}, & \text { if } k \text { odd }  \tag{12}\\ \frac{\mathbf{g}_{k}^{T} \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}, & \text { if } k \text { even }\end{cases}
$$

Alternate minimization gradient algorithm is presented as in the following.
Step 0 Given a starting point $\mathbf{x}_{0} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<1$. Set $k=0$.
Step 1 Determine $\mathbf{g}_{\mathbf{k}}$. If $\left\|\mathbf{g}_{\mathbf{k}}\right\| \leq \varepsilon$, stop.
Step 2 If $k$ odd then assign $\alpha_{k}=\frac{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A^{2} \mathbf{g}_{\mathbf{k}}}$.
If not assign $\alpha_{k}=\frac{\mathbf{g}_{k}^{T} \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}$.
Step 3 Calculate $\mathbf{x}_{k+1}=\mathbf{x}_{k}-\alpha_{k} \mathbf{g}_{\mathbf{k}}$.
Step $4 k=k+1$, and go to Step 1.

## C. Yuan Method

Yuan gradient method [7] uses the step sizes alternately as in the AM method. However, Yuan method uses a new step size. Yuan method uses the exact line search (4) on odd iterations, and then uses the following step size on even iterations:

$$
\begin{equation*}
a_{2 k}^{Y}=\frac{2}{\sqrt{\left(1 / \alpha_{2 k-1}-1 / \alpha_{2 k}\right)^{2}+4\left\|\mathbf{g}_{2 k}\right\|^{2} /\left\|\mathbf{s}_{2 k-1}\right\|^{2}}+1 / \alpha_{2 k-1}+1 / \alpha_{2 k}} \tag{13}
\end{equation*}
$$

where $\mathbf{s}_{2 k-1}=\mathbf{x}_{2 k}-\mathbf{x}_{2 k-1}=-\alpha_{2 k-1} \mathbf{g}_{2 k-1}$. In general the step size $\alpha_{k}$ of Yuan method is written as:

$$
\alpha_{k}= \begin{cases}\alpha_{k}^{S D}, & \text { if } k \text { odd }  \tag{14}\\ a_{k}^{Y}, & \text { if } k \text { even }\end{cases}
$$

and Yuan algorithm is presented as in the following.
Step 0 Given a starting point $\mathbf{x}_{1} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<1$.
Step 1 Determine $\mathbf{g}_{1}$ and $A$. If $\left\|\mathbf{g}_{\mathbf{1}}\right\| \leq \varepsilon$, stop. Set $k=1$.
Step 2 Determine $\alpha_{2 k-1}$. Then calculate $\mathbf{x}_{2 k}=\mathbf{x}_{2 k-1}-$ $\alpha_{2 k-1} \mathbf{g}_{2 \mathrm{k}-1}$.
Step 3 If $\left\|\mathbf{g}_{2 \boldsymbol{k}}\right\| \leq \varepsilon$, stop.
Step 4 Determine $\quad \alpha_{2 k}$ and $\mathbf{s}_{2 k-1}=\mathbf{x}_{2 k}-\mathbf{x}_{2 k-1}$. Then determine

$$
a_{2 k}^{\gamma}=\frac{2}{\sqrt{\left(1 / \alpha_{2 k-1}-1 / \alpha_{2 k}\right)^{2}+4\left\|\mathbf{g}_{2 k}\right\|^{2} /\left\|\mathbf{s}_{2 k-1}\right\|^{2}}+1 / \alpha_{2 k-1}+1 / \alpha_{2 k}}
$$

Assign $\mathbf{x}_{2 k+1}=\mathbf{x}_{2 k}-a_{2 k}^{Y} \mathbf{g}_{2 \mathbf{k}}$.
Step 5 If $\left\|\mathbf{g}_{2 k+1}\right\| \leq \varepsilon$, stop.
Step 6 Assign $k=k+1$, and go to Step 2.

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## III. New Step Sizes

It has been discussed in the previous section that Yuan uses the step size with exact line search on odd iterations and then uses a step size (13) on even iterations as written in (14). Based on Yuan method, we modified steepest descent method by using two new step sizes. First we form an algorithm with the following steps:

$$
\begin{gather*}
\mathbf{x}_{2}=\mathbf{x}_{1}-\alpha_{1} \mathbf{g}_{1} \\
\mathbf{x}_{3}=\mathbf{x}_{2}-\alpha_{2}^{Y} \mathbf{g}_{2} \\
\mathbf{x}_{4}=\mathbf{x}_{3}-\alpha_{3}^{Y} \mathbf{g}_{3}  \tag{15}\\
\mathbf{x}_{5}=\mathbf{x}_{4}-\alpha_{4} \mathbf{g}_{4}
\end{gather*}
$$

where $\alpha_{1}$ and $\alpha_{4}$ are the step sizes of the search process using the exact line search (4), whereas $\alpha_{2}^{Y}$ and $\alpha_{3}^{Y}$ using Yuan step size (13). Iteration process (15) is an early form of the whole iteration process, so the iteration process (15) will continue until a solution is found. In general $\alpha_{k}$ of the form (15) can be written as:

$$
\alpha_{k}= \begin{cases}\alpha_{k}^{S D}, & \text { if } \bmod (k, 4)=0 \text { or } 1  \tag{16}\\ a_{k}^{Y}, & \text { if } \bmod (k, 4)=2 \text { or } 3\end{cases}
$$

## New Step Size Algorithm 1

Step 0 Given a starting point $\mathbf{x}_{0} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<$

1. Set $k=1$.

Step 1 Determine $\mathbf{g}_{\mathbf{k}}$ dan $A$. If $\left\|\mathbf{g}_{\mathbf{k}}\right\| \leq \varepsilon$, stop.
Step 2 If $\bmod (k, 4)=0$ or 1 then
$\alpha_{k}=\frac{\mathbf{g}_{k}^{T} \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}$, else determine $\mathbf{s}_{k-1}=\mathbf{x}_{k}-\mathbf{x}_{k-1}$ and
$\frac{2}{\sqrt{\left(1 / \alpha_{k-1}-1 / \alpha_{k}\right)^{2}+4\left\|\mathbf{g}_{k}\right\|^{2} /\left\|\mathbf{s}_{k-1}\right\|^{2}}+1 / \alpha_{k-1}+1 / \alpha_{k}}$.
Step 3 Calculate $\mathbf{x}_{k+1}=\mathbf{x}_{k}-\alpha_{k} \mathbf{g}_{\mathbf{k}}$
Step $4 k=k+1$, and go to Step 1 .
For the second new step, we form algorithm with the following steps:

$$
\begin{align*}
\mathbf{x}_{2} & =\mathbf{x}_{1}-\alpha_{1} \mathbf{g}_{1} \\
\mathbf{x}_{3} & =\mathbf{x}_{2}-\alpha_{2} \mathbf{g}_{2} \\
\mathbf{x}_{4} & =\mathbf{x}_{3}-\alpha_{3}^{Y} \mathbf{g}_{3}  \tag{17}\\
\mathbf{x}_{5} & =\mathbf{x}_{4}-\alpha_{4}^{Y} \mathbf{g}_{4}
\end{align*}
$$

where $\alpha_{1}$ and $\alpha_{2}$ are the step sizes using the exact line search (4), whereas $\alpha_{3}^{Y}$ and $\alpha_{4}^{Y}$ using Yuan step size (13). Similarly to the iteration process (15), the iteration in (17) also will continue until a solution is found. In general $\alpha_{k}$ of the form (17) can be written as:

$$
\alpha_{k}=\left\{\begin{array}{cl}
\alpha_{k}^{S D}, & \text { if } \bmod (k, 4)=1 \text { or } 2  \tag{18}\\
a_{k}^{Y}, & \text { if } \bmod (k, 4)=0 \text { or } 3
\end{array}\right.
$$

## New Step Size Algorithm 2

Step 0 Given a starting point $\mathbf{x}_{0} \in \mathbb{R}^{n}$ and a tolerance limit $0<\varepsilon<$

1. Set $k=1$.

Step 1 Determine $\mathbf{g}_{\mathbf{k}}$ dan $A$. If $\left\|\mathbf{g}_{\mathbf{k}}\right\| \leq \varepsilon$, stop.
Step 2 If $\bmod (k, 4)=1$ or 2 then
$\alpha_{k}=\frac{\mathbf{g}_{k}^{T} \mathbf{g}_{\mathbf{k}}}{\mathbf{g}_{k}^{T} A \mathbf{g}_{\mathbf{k}}}$, else determine $\mathbf{s}_{k-1}=\mathbf{x}_{k}-\mathbf{x}_{k-1}$ and $\quad a_{k}^{Y}=$
$\frac{2}{\sqrt{\left(1 / \alpha_{k-1}-1 / \alpha_{k}\right)^{2}+4\left\|\mathbf{g}_{k}\right\|^{2} /\left\|\mathbf{s}_{k-1}\right\|^{2}}+1 / \alpha_{k-1}+1 / \alpha_{k}}$.
Step 3 Calculate $\mathbf{x}_{k+1}=\mathbf{x}_{k}-\alpha_{k} \mathbf{g}_{\mathbf{k}}$

Step $4 k=k+1$, and go to Step 1.

## IV. Numerical Results

This section presents comparison of numerical results of each method described in the previous section, namely SD, BB, AM, Yuan, algorithm 1 and algorithms 2. The step size of SD method uses (4) which is a simplification of the exact line search. BB method is divided into two parts, namely BB1 and BB2. BB1 uses step size (8) and BB2 uses step size (9). We compare the number of iterations and the running time of each method for obtaining the minimum value. We use nonlinear function with quadratic forms. Quadratic functions used in this study were generated randomly in the form of:

$$
f(\mathbf{x})=\frac{1}{2}\left(\mathbf{x}-\mathbf{x}^{*}\right)^{T} \operatorname{Diag}\left(\lambda_{1}, \ldots, \lambda_{n}\right)\left(\mathbf{x}-\mathbf{x}^{*}\right), \quad \mathbf{x} \in \mathbb{R}^{n}
$$

with $n=2,3,10,20,30,40,50,60,70,80,90,100$. Vector $\mathbf{x}_{i}^{*}(i=1, \cdots, n)$ is an integer random number in the interval $[-$ 5.5]. Furthermore $\lambda_{1}=1$ and $\lambda_{n}=10,100,1000$, are the condition of the Hessian matrix of the function. Next $\lambda_{i}(i=$ $2, \cdots, n-1)$ is an integer random number in the interval [ $1, \lambda_{n}$ ]. For all dimensions and the $\lambda_{n}$, the starting point is zero vector $(0, \cdots 0)^{T}$ and the stopping criteria is $\left\|\mathbf{g}_{k}\right\| \leq$ $10^{-8}$. Experiments were performed 5 times for each dimension and each $\lambda_{n}$ of each method, so that the experiments were carried out 105 times for each dimension. The total experiments for all dimensions were 1260 times. The average number of iterations and the running time are presented in Tables I and II.

Based on the results, in general it can be seen that the relationship between the dimensions, $\lambda_{n}$ with the number of iterations and the running time. For the small dimension cases ( $n=2 \& 3$ ), the value of $\lambda_{n}$ does not give significant effect to the number of iterations and the running time. This means that the larger $\lambda_{n}$ does not guarantee that the number of iterations and the running time will be larger (Tables I and II). For the larger dimensions $(n=10,20, \cdots, 100)$, it can be seen that the larger $\lambda_{n}$, the number of iterations and the running time will be larger (Figs. 1-3). Furthermore, we could not see that the larger dimension cause the larger iteration (Figs. 1 (a), 3 (a)). By contrast for the running time, it can be seen that the larger the dimension, the larger the running time become (Figs. 1 (b), 3(b)).
It can be seen that the Yuan method has found a solution of small dimension quadratic function problem with the smallest minimum number of iterations and the running time. Nevertheless the algorithm 1 and 2 are able to compete with Yuan method. For larger dimensions, Yuan method gives poor results, especially at $\lambda_{n}=100$ and $\lambda_{n}=1000$. By contrast to the algorithm 1 and 2, for large dimension cases with all sizes of $\lambda_{n}$, algorithm 1 and 2 is better in finding solutions in term of the number of iterations and the running time compared to BB methods, AM method and Yuan method (Figs. 1-3). We present the rate of convergence of each method in Fig. 4 for $n=100$ dan $\lambda_{n}=100$. We can see that the algorithm 1 and 2 have faster convergence rate compared

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to the others.
TABLE I
The Average Number of Iterations

| n | $\lambda_{n}$ | The average number of iterations |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | SD | BB1 | BB2 | AM | Yuan | Alg. 1 | Alg. 2 |
| 2 | 10 | 15.8 | 9.4 | 8.8 | 7.8 | 3.0 | 4.0 | 5.0 |
|  | 100 | 17.6 | 10.2 | 9.4 | 8.0 | 3.0 | 4.0 | 5.0 |
|  | 1000 | 18.0 | 9.6 | 8.2 | 6.6 | 3.0 | 4.0 | 5.0 |
| 3 | 10 | 58.0 | 16.0 | 15.4 | 21.6 | 15.0 | 12.4 | 14.8 |
|  | 100 | 446.0 | 19.4 | 15.0 | 41.2 | 9.4 | 9.2 | 11.4 |
|  | 1000 | ** | 25.2 | 14.8 | 63.2 | 7.0 | 8.0 | 10.6 |
| 10 | 10 | 71.2 | 28.8 | 28.4 | 36.2 | 34.0 | 26.6 | 26.6 |
|  | 100 | 572.2 | 73.4 | 59.0 | 82.8 | 77.2 | 55.4 | 50.8 |
|  | 1000 | ** | 84.4 | 62.4 | 177.6 | 215.8 | 66.4 | 49.8 |
| 20 | 10 | 69.8 | 28.8 | 31.4 | 39.2 | 33.4 | 27.2 | 28.8 |
|  | 100 | 611.8 | 66.2 | 63.6 | 87.6 | 92.6 | 53.2 | 63.0 |
|  | 1000 | ** | 129.0 | 102.0 | 250.4 | 256.6 | 90.0 | 101.2 |
| 30 | 10 | 74.4 | 29.2 | 30.8 | 38.4 | 32.2 | 27.4 | 29.8 |
|  | 100 | 618.0 | 81.8 | 84.0 | 94.8 | 119.6 | 67.2 | 78.4 |
|  | 1000 | ** | 161.2 | 90.4 | 214.0 | 372.2 | 117.6 | 96.2 |
| 40 | 10 | 71.0 | 31.4 | 31.4 | 40.2 | 30.8 | 29.2 | 27.8 |
|  | 100 | 619.8 | 85.8 | 81.0 | 95.6 | 124.6 | 72.8 | 72.4 |
|  | 1000 | ** | 158.8 | 121.4 | 234.0 | 559.0 | 138.4 | 116.0 |
| 50 | 10 | 70.4 | 30.4 | 29.8 | 40.4 | 33.6 | 28.8 | 26.0 |
|  | 100 | 568.4 | 83.0 | 81.4 | 92.6 | 105.8 | 69.6 | 73.0 |
|  | 1000 | ** | 169.6 | 127.2 | 256.0 | 741.4 | 115.2 | 123.6 |
| 60 | 10 | 73.0 | 32.0 | 30.6 | 38.0 | 32.8 | 30.6 | 25.6 |
|  | 100 | 541.8 | 83.6 | 79.6 | 91.6 | 107.8 | 69.8 | 69.6 |
|  | 1000 | ** | 153.0 | 125.0 | 209.2 | 431.4 | 126.8 | 120.2 |
| 70 | 10 | 72.0 | 30.0 | 29.8 | 38.8 | 32.2 | 28.4 | 28.0 |
|  | 100 | 588.3 | 98.2 | 84.2 | 103.2 | 114.6 | 77.4 | 81.8 |
|  | 1000 | ** | 174.8 | 122.0 | 321.0 | 514.2 | 127.8 | 129.2 |
| 80 | 10 | 73.4 | 32.6 | 30.2 | 39.4 | 32.8 | 28.2 | 27.0 |
|  | 100 | 597.8 | 86.0 | 90.2 | 110.0 | 114.2 | 77.6 | 78.2 |
|  | 1000 | ** | 151.6 | 133.4 | 236.6 | 631.0 | 132.2 | 126.6 |
| 90 | 10 | 73.6 | 32.2 | 31.4 | 39.4 | 32.8 | 28.2 | 25.4 |
|  | 100 | 671.2 | 94.4 | 87.8 | 105.0 | 127.8 | 79.8 | 80.6 |
|  | 1000 | ** | 160.0 | 147.0 | 249.6 | 676.8 | 128.0 | 133.0 |
| 100 | 10 | 73.2 | 32.6 | 30.8 | 39.2 | 34.2 | 29.2 | 26.8 |
|  | 100 | 566.6 | 85.2 | 80.2 | 93.6 | 113.6 | 77.0 | 74.8 |
|  | 1000 | ** | 170.6 | 146.8 | 261.8 | 540.2 | 139.4 | 137.8 |

** More than 2000 iterations

TABLE II
The Average Running Time

| n | $\lambda_{n}$ | The average running time |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | SD | BB1 | BB2 | AM | Yuan | 1 | 2 |
| 2 | 10 | 1.2158 | 0.7921 | 0.7430 | 0.6681 | 0.3445 | 0.4234 | 0.4813 |
|  | 100 | 1.3592 | 0.8915 | 0.7654 | 0.7447 | 0.3729 | 0.4249 | 0.5298 |
|  | 1000 | 1.2957 | 0.7972 | 0.6808 | 0.5900 | 0.3510 | 0.4351 | 0.4789 |
| 3 | 10 | 4.1901 | 1.5578 | 1.2570 | 1.7168 | 1.2100 | 1.0527 | 1.1979 |
|  | 100 | 38.2374 | 1.6251 | 1.1804 | 3.0742 | 0.8563 | 0.8072 | 0.9336 |
|  | 1000 | ** | 2.3408 | 1.2184 | 4.7670 | 0.6885 | 0.8337 | 0.9288 |
| 10 | 10 | 9.1579 | 4.0018 | 3.8183 | 4.6807 | 4.4170 | 3.5215 | 3.4583 |
|  | 100 | 178.4230 | 9.9522 | 8.0304 | 10.7603 | 9.9536 | 7.0518 | 6.6856 |
|  | 1000 | ** | 10.0730 | 7.4047 | 20.6736 | 29.8327 | 7.4251 | 5.5743 |
| 20 | 10 | 13.9018 | 5.9759 | 6.5152 | 7.8569 | 6.7487 | 5.5918 | 5.7751 |
|  | 100 | 161.2717 | 13.5476 | 13.0366 | 17.3494 | 18.5229 | 10.4792 | 12.3972 |
|  | 1000 | ** | 27.3802 | 20.9280 | 53.2933 | 61.3703 | 17.6327 | 20.4013 |
| 30 | 10 | 19.8876 | 8.0823 | 8.4538 | 10.5365 | 8.8325 | 7.4604 | 8.1181 |
|  | 100 | 257.1545 | 23.5515 | 24.0258 | 27.0576 | 34.6199 | 18.6904 | 21.7436 |
|  | 1000 | ** | 50.7939 | 26.3331 | 64.7710 | 133.1709 | 33.0935 | 26.9119 |
| 40 | 10 | 24.1604 | 11.1630 | 11.0736 | 14.0317 | 10.7476 | 10.1022 | 9.8407 |
|  | 100 | 298.8377 | 32.5804 | 30.0823 | 32.6756 | 42.8027 | 30.0220 | 25.4911 |
|  | 1000 | ** | 63.8277 | 46.8107 | 89.4547 | 282.7427 | 51.3329 | 41.6764 |
| 50 | 10 | 25.9427 | 11.7516 | 11.5382 | 15.2466 | 12.7024 | 11.0449 | 10.1426 |
|  | 100 | 306.8892 | 34.1412 | 33.8299 | 36.8299 | 42.0616 | 27.4626 | 28.6959 |
|  | 1000 | ** | 83.3517 | 60.3106 | 121.2303 | 472.8374 | 49.5199 | 53.4718 |
| 60 | 10 | 36.3882 | 16.5356 | 15.6462 | 19.2288 | 16.4662 | 15.3770 | 12.7958 |
|  | 100 | 363.0106 | 43.4831 | 41.6120 | 46.6732 | 54.9497 | 34.7719 | 34.9854 |
|  | 1000 | ** | 85.6454 | 67.6937 | 112.0454 | 271.2039 | 66.8134 | 60.9172 |
| 70 | 10 | 40.2148 | 17.4249 | 17.2778 | 21.9776 | 18.3037 | 16.1753 | 16.0799 |
|  | 100 | 499.9960 | 58.9287 | 50.5146 | 58.8435 | 65.3898 | 43.6303 | 46.0443 |
|  | 1000 | ** | 118.4859 | 78.4548 | 140.2313 | 410.2627 | 75.4451 | 75.3167 |
| 80 | 10 | 45.6855 | 21.2567 | 19.5432 | 24.9432 | 20.5602 | 17.8875 | 17.1437 |
|  | 100 | 560.9794 | 59.3693 | 62.4149 | 72.1113 | 74.9126 | 49.6631 | 50.0332 |
|  | 1000 | ** | 113.1994 | 96.2621 | 229.8008 | 517.2911 | 88.1097 | 84.3816 |
| 90 | 10 | 51.3049 | 22.9283 | 22.1720 | 28.2006 | 23.4393 | 20.4438 | 18.3391 |
|  | 100 | 686.0457 | 73.2183 | 67.1283 | 77.4596 | 95.3471 | 57.6106 | 58.3811 |
|  | 1000 | ** | 138.6705 | 124.9331 | 206.0923 | 699.7920 | 98.0156 | 100.0168 |
| 100 | 10 | 55.3843 | 25.3197 | 24.0521 | 30.0698 | 25.9653 | 22.5381 | 20.8658 |
|  | 100 | 603.5062 | 70.9071 | 66.3028 | 74.8516 | 91.7633 | 61.3530 | 59.6863 |
|  | 1000 | ** | 160.4586 | 133.0056 | 236.0443 | 603.7740 | 114.6884 | 116.0814 |

** More than 1800 second


Fig. 1 Comparison of the average number of iterations (a) and the running time (b) of the steepest descent method variants for $\lambda_{n}=10$

(a)

(b)

Fig. 2 Comparison of the average number of iterations (a) and the running time (b) of the steepest descent method variants for $\lambda_{n}=100$


Fig. 3 Comparison of the average number of iterations (a) and the running time (b) of the steepest descent method variants for $\lambda_{n}=1000$


Fig. 4 The convergence rate of steepest descent method variants, for $n=100$ dan $\lambda_{n}=100$

## V.Conclusion

Yuan method provides smaller number of iterations and the running time for small dimensions of quadratic functions case. However, Yuan method gives poor performance for the large dimensions and the large $\lambda_{n}$ cases. We modified the step size of Yuan method. The new step size modification algorithms provide better performance for quadratic functions case with large dimensions or large $\lambda_{n}$ compared to Yuan method. Even the new step size modification algorithms were able to surpass the performance of the Barzilai and Borwein method and the alternate minimization gradient method.

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